# **Bionic Ears**



Introduction into State-of-the-Art Hearing Aid Technology

28c3 Berlin, Dec 28<sup>th</sup> 2011 Helga Velroyen helga@velroyen.de http://www.hackandhear.com

#### Abstract



In many social situations being hearing impaired is a serious handicap, not only for elderly people. Today's hearing aids are tiny computers that do a decent job in signal processing. During the last years, the progress in this technology was significant, amongst other things by switching from analog to digital devices. Since this field becomes more and more related to computer technology, there is even more improvement to be expected. In particular, it turns into a more and more interesting playground for hackers.

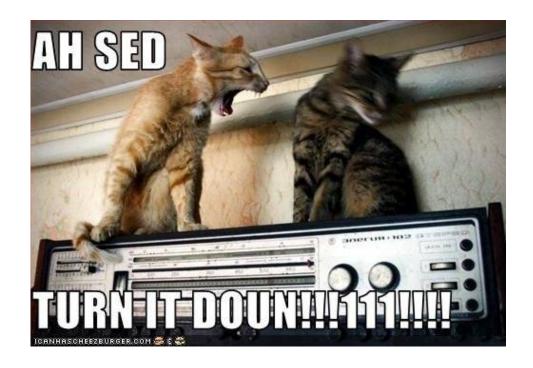
Unfortunately, we are still quite far away from what was promised as the future in that 70es TV series "The Bionic Woman" [1]. Starting with a brief introduction about audiology, I will present current technical solutions (and political non-solutions) for hearing aids. Besides the hearing aids themselves, there exist a couple of interesting peripheral solutions for specific situations such as using the phone, listening to concerts and talks, or just consuming music with an mp3 player. All these not only enhance the user's life, they also open the door for creative hacks. Although the hearing-aid hacking community is still rather small, I will present some current projects and ideas for future ones.

[1] http://en.wikipedia.org/wiki/The\_Bionic\_Woman

## Documentation of this Talk



- slides soon available on http://hackandhear.com
- detailed speaker notes
- recording (hopefully) available
- (maybe) subtitles



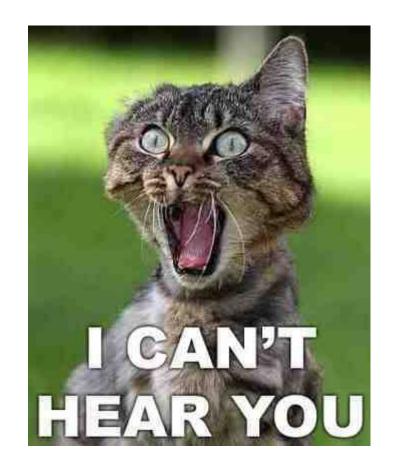
#### Me

- software engineer
- based in Munich
- software geek, not a hardware hacker
- signal processing / datamining background
- medical engineering background
- don't work for hearing aid company
- hearing-impaired for 3.5 years

#### **Disclaimer:**

This is a personal pet project. I am here on my own terms and not on behalf of my employer.





## What's this about?

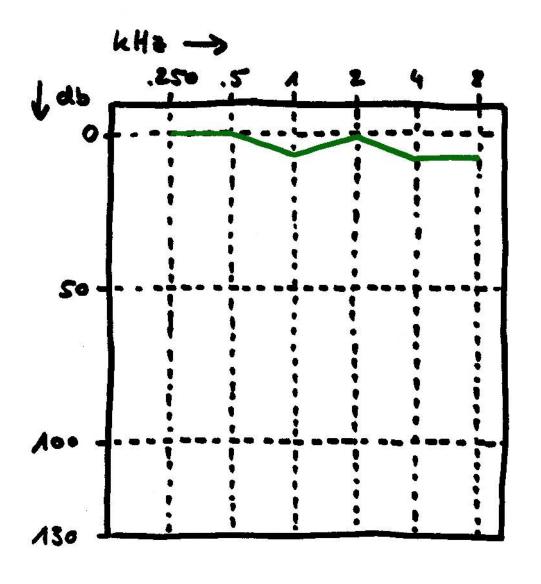


- Audiology
- Getting hearing aids
- Hearing aid models and features
- Peripheral hardware
- Hacking
- Self-tuning
- Conclusions



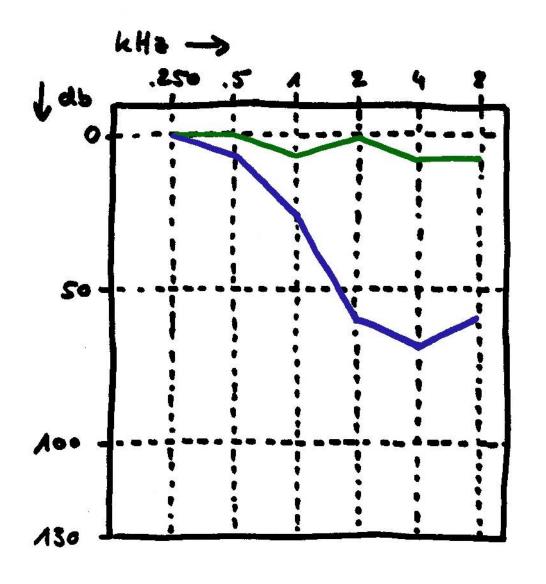


# Audiology



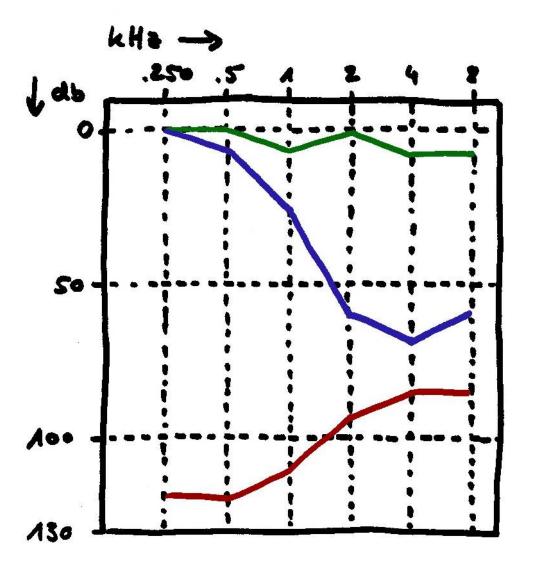


- x-axis: frequency in kHz
- y-axis: volume of signal in db
- healthy person



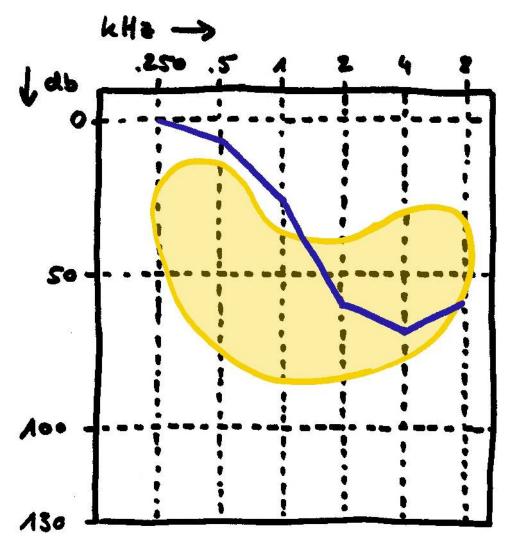


- green: healthy person
- blue: typical hearing impaired





- green: healthy person
- blue: typical hearing impaired
- red: level of discomfort for hearing impaired





- blue: typical hearing impaired
- yellow: area where speech happens
- hearing aids focus on compensating loss in speech banana

Source: http://en.wikipedia.org/wiki/Speech\_banana Berlin, Dec 28<sup>th</sup> 2011 Bic

### How I Hear (Example)



• Song "Sad Robot" by Pornophonique

Source of "Sad Robot": http://www.pornophonique.de Source of tinnitus sounds: http://www.ata.org/sounds-of-tinnitus

Berlin, Dec 28<sup>th</sup> 2011

**Bionic Ears** 



# Getting Hearing Aids

#### Need Glasses?

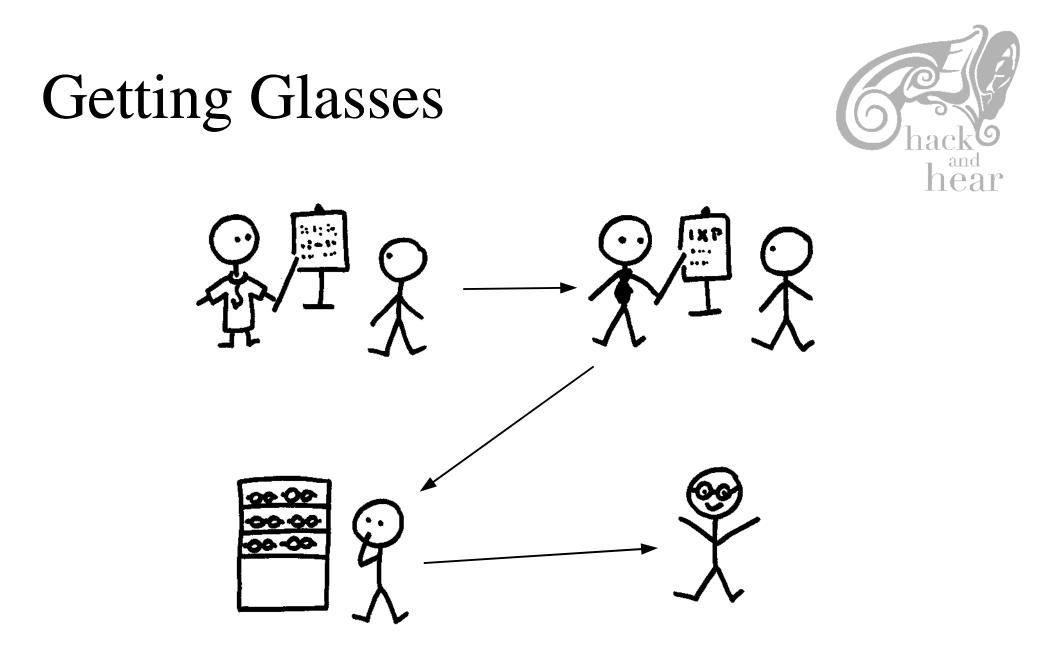




Source of image: http://www.flickr.com/photos/dreamcicle/3630841638/sizes/l/in/photostream/

Berlin, Dec 28<sup>th</sup> 2011

**Bionic Ears** 



#### Ponies!

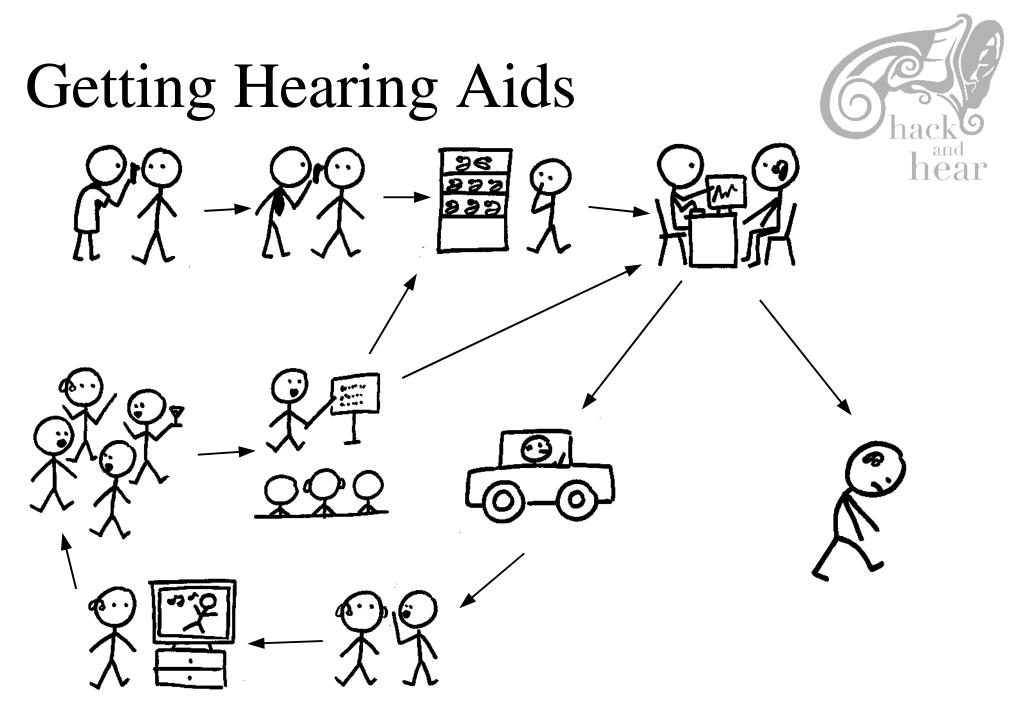




Source of image: http://www.flickr.com/photos/dreamcicle/3630841638/sizes/l/in/photostream/

Berlin, Dec 28<sup>th</sup> 2011

**Bionic Ears** 





# Hearing Aid Models and Features

#### Models of Hearing Aids









#### In-Ear

Behind-Ear

#### **Cochlear Implant**

Source of images: http://www.flickr.com/photos/portland\_mike/2993507037/ http://www.flickr.com/photos/umhealthsystem/5494712579/sizes/o/in/photostream/ http://www.flickr.com/photos/oaspetele\_de\_piatra/4581664897/sizes/o/in/photostream/

Berlin, Dec 28th 2011

**Bionic Ears** 

### Visibility of Hearing Aids







Berlin, Dec 28<sup>th</sup> 2011

#### Size of Hearing Aids



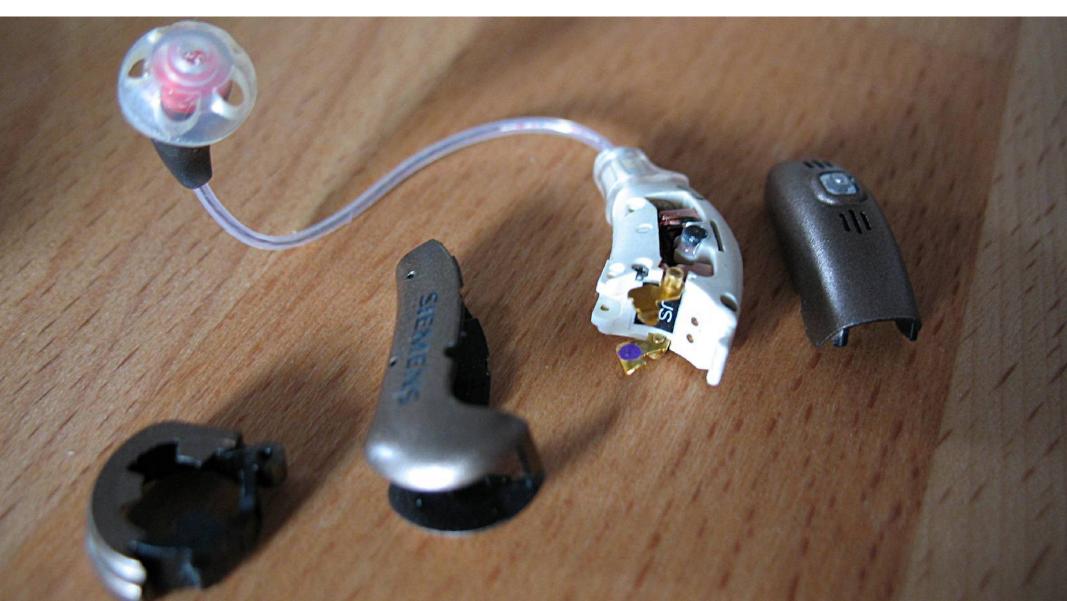




Berlin, Dec 28<sup>th</sup> 2011

## Hearing Aids

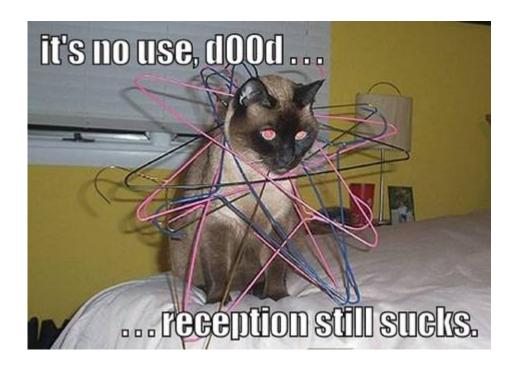




# Digital Hearing Aids

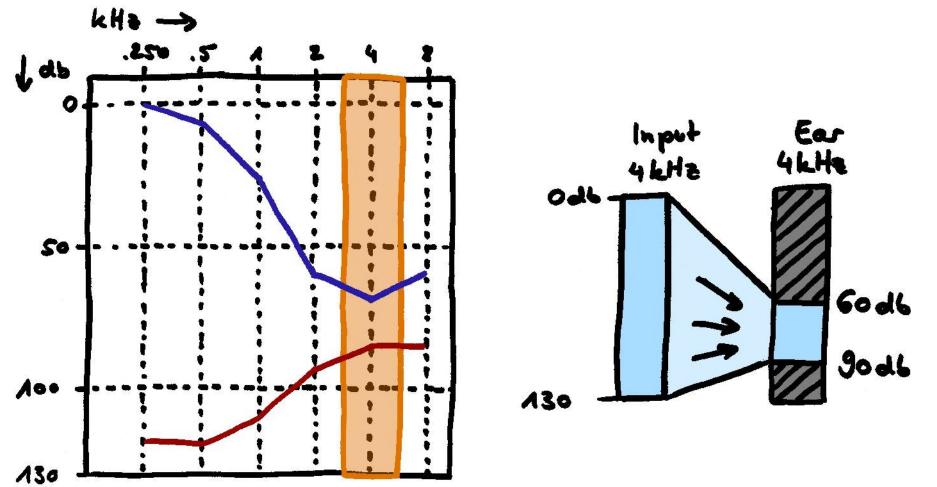


- Standard in first world countries
- Make a lot more features possible
- Real time sound processing
  - analyze signal and react to it instantly

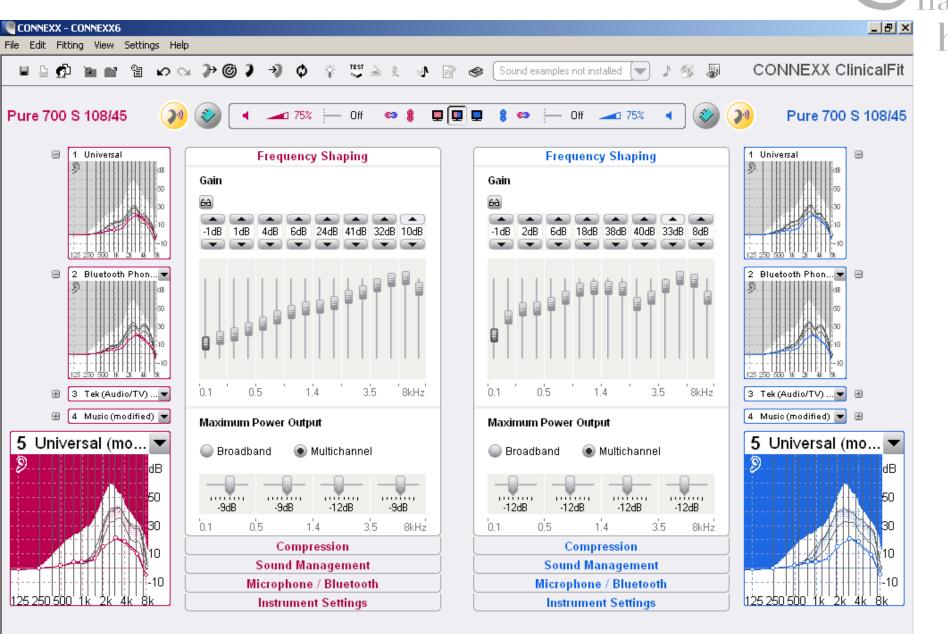


#### Compression





#### Frequency Shaping



24 of 64

ear

Audiogram

**Hearing Instruments** 

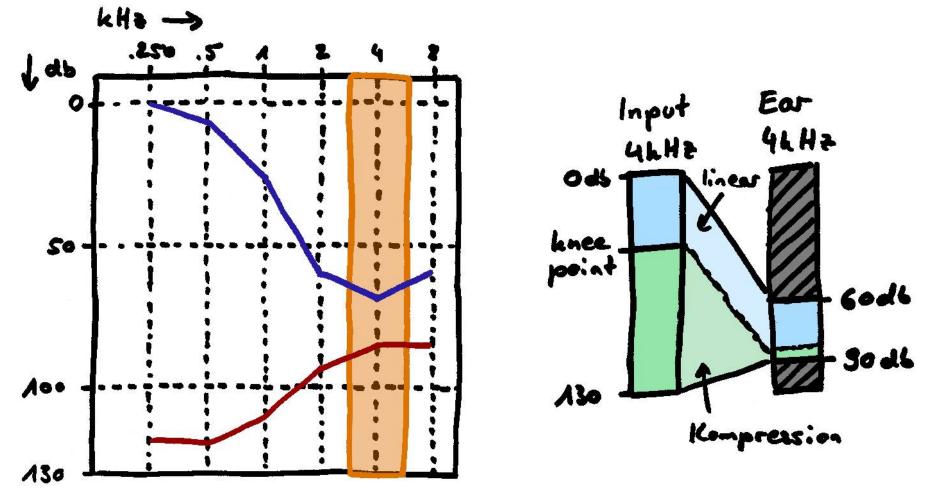
**Basic Tuning** 

Fine Tuning

Documentation

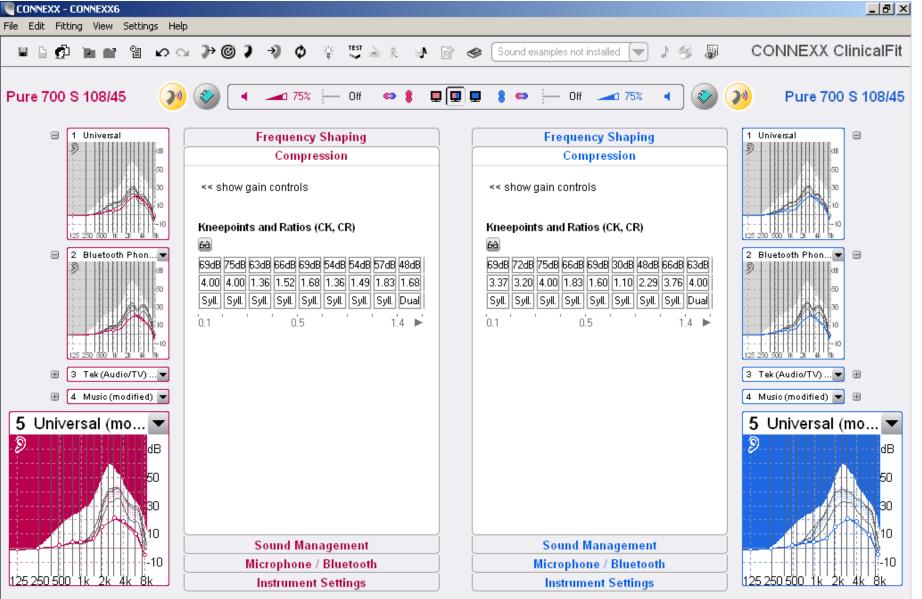
#### Compression





#### Compression



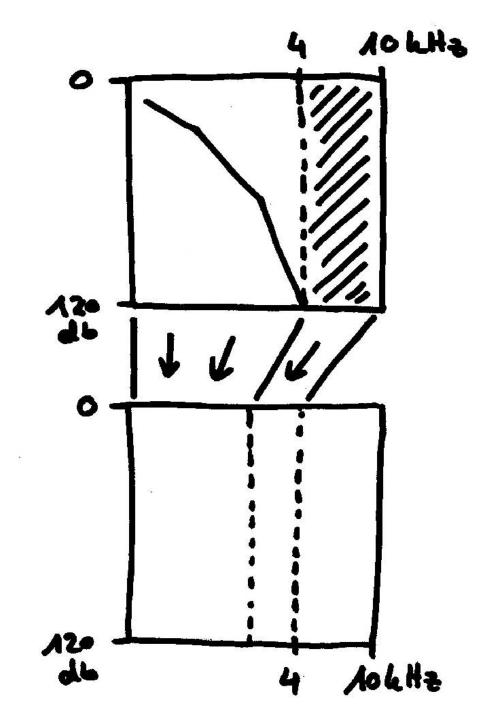


26 of 64

Audiogram	Hearing Instruments	Basic Tuning	Fine Tuning	Documentation

## Frequency Compression

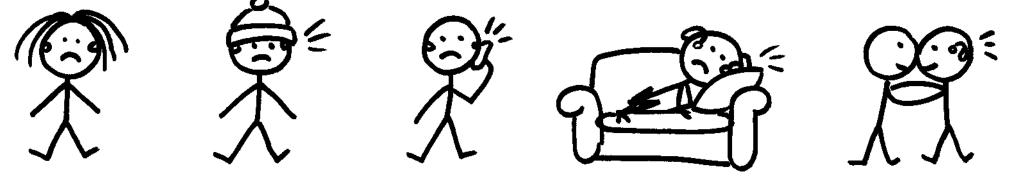
- what if complete loss on one band?
- compress the frequency space
- works only with closed hearing aids
- only one brand (phonak)



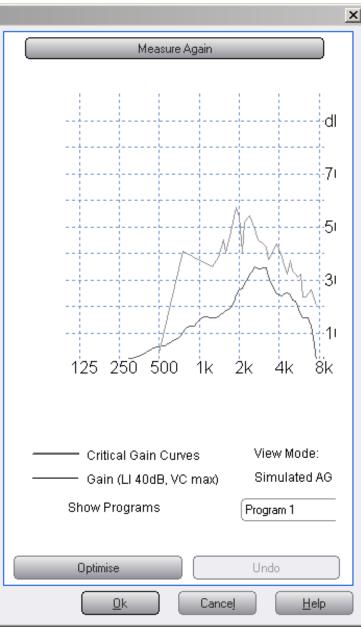
## Problem: Feedback Loops

- Hearing aid amplifies its own signal
- Whenever something gets close to the hearing aids
- Especially for open hearing aids





#### "Solution" for Feedback Loops

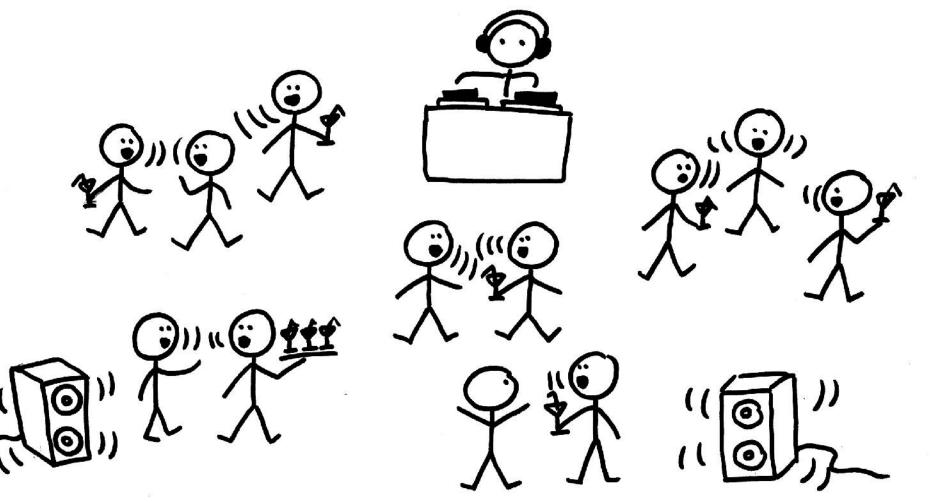




- Detect "clear" sinus signals
- Send an unhearable flag
- Damp affected frequencies
- Adapt in real time
- Problems:
  - music contains clear sinus signals
  - damped frequencies are needed for speech recognition
- Analog hearing aids did not have a measure against it

#### Cocktail Party Problem





## **Directional Hearing**



- Human ear:
- Use two ears + brain
- Uses the pinna



#### • Hearing aids:

- 2 microphones per ear
- inter-hearing-aid communication
- situation recognition / different programs
- automatic focus
- use the pinna (in-ear hearing aids only)

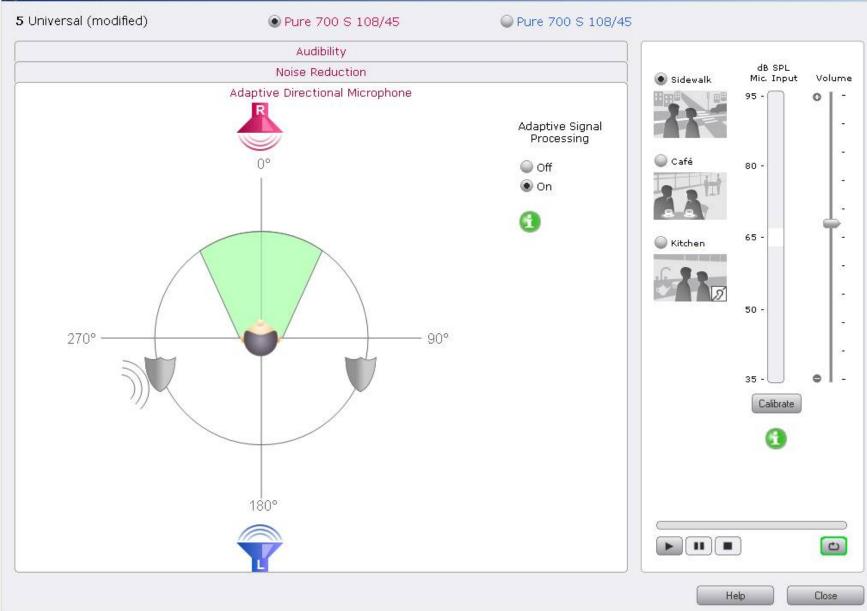
Source: http://en.wikipedia.org/wiki/Pinna\_(anatomy)#Pinna\_notch

Berlin, Dec 28<sup>th</sup> 2011

### **Directional Hearing**

Real Time Display



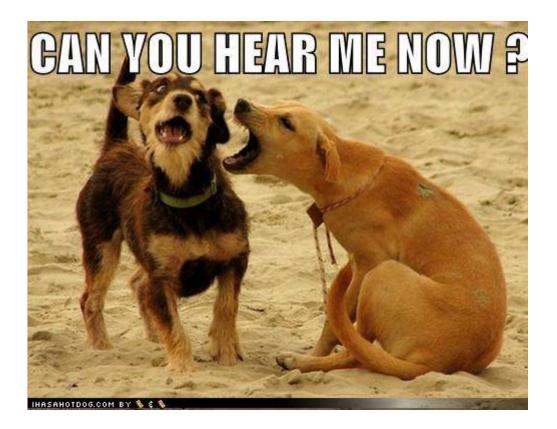


32 of 64

### Fore- and Background



- Low frequencies travel further than high ones
- Brain uses this to extract foreground signal and source location
- HAs amplify high frequencies
- HAs filter background signal



#### **Realtime Monitor**





34 of 64

# Humidity

- Most hearing aids are not waterproof
- No swimming with friends
- No pool parties
- No (social) water sports
- No sweating
- No audiobooks in the bathtub
- No heavy rain
- Drying material necessary



- very recent development: water and dust resistancy
- example: Phonak HAs claim certification of IP67
- no damage due to dust
- 30 min, 1 meter under water: no irreparable damage







M H2O

Naída S CRT

Nios S H2O

Berlin, Dec 28<sup>th</sup> 2011

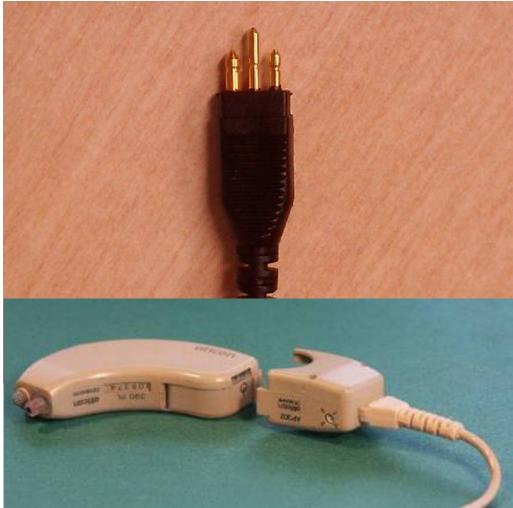


# Peripheral Hardware

## DAI interface



- "direct audio input"
- also called "Euro Adapter"
- cables for all kinds of devices
- Pro:
  - no interference with wireless devices
  - variety of cables available
  - used for FM / Bluetooth adapters
- Con:
  - it's a cable
  - too big for really small hearing aids



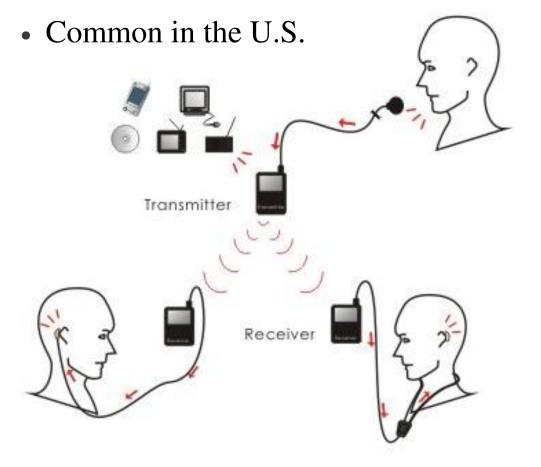
Berlin, Dec 28<sup>th</sup> 2011

**Bionic Ears** 

Source: http://www.audiologyonline.com/management/uploads/articles/HABootCable.jpg

## FM systems

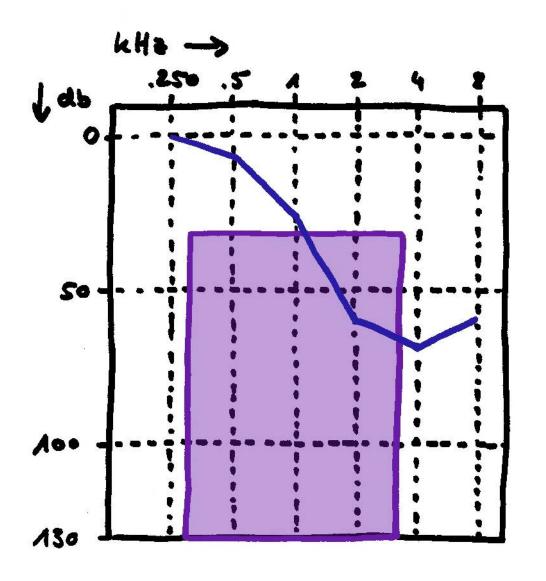
- FM receiver in hearing aids
- FM transmitter connected to source



6 hacko hear

- Pro:
  - \_ lots of hardware available
  - \_ different setups
  - \_ (some) standards
- Cons:
  - \_ Interference
  - \_ sound quality
  - incompatibility between systems

#### Calling on the Phone





- lip reading
- frequency range of phone signal: 300Hz - 3400Hz
- background noise: full range
- signal is altered and unnatural
- missing base
- bad reception
- hearing only in one ear
- feedback loops

Source: http://de.wikipedia.org/wiki/Telefonnetz

## **Telecoil and Audio** Induction Loop





- telecoil / T-coil in hearing aids
- audio induction loops connected to source
- phone, room installation, cars, adapters
- technology rather old
- widely used in Europe
- cons: interference, sound level differences when moving head, high initial costs
- pros: microphones are automatically switched off, standard in even for new phones, some hearing aids use both ears, DYI kits available

Source: http://en.wikipedia.org/wiki/Audio\_induction loop **Bionic Ears** 

Bluetooth



- no hearing aids available with Bluetooth (yet)
- to much battery consumption
- adapters via telecoil, DAI, proprietary protocols



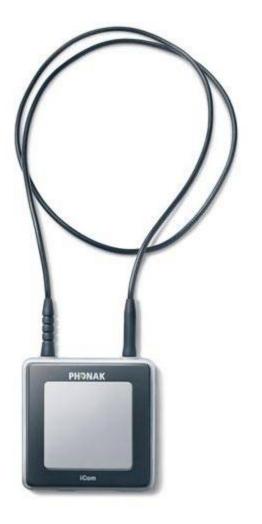
### Phonak ICOM

6 hack hear

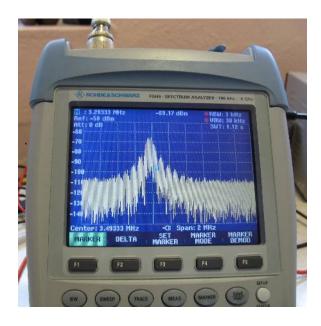
- example of a wireless adapter
- uses telecoil to talk to hearing aids
- interfaces: DAI, aux-in and bluetooth
- FM systems via DAI
- warning regarding pace makers







#### Siemens Tek





- adapter + remote control
- proprietary NFC protocol between adapter and hearing aids
- signal around 3.3Mhz
- compatible with any bluetooth speaking source (in theory)
- mobile phones, land line phones, computers
- comes with an additional tra TV
- costs: 400 EUR (no insuran
- new version "mini tek" Bionic Ears



Source: http://hearing.siemens.com/en/04-products/20-minitek/minitek.jsp



#### Siemens Tek w Transmitter





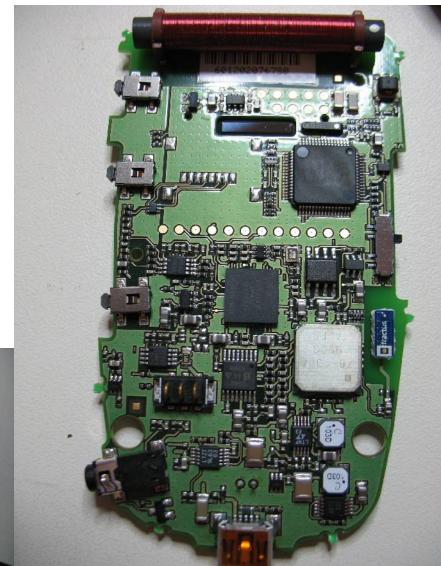
### Siemens Tek Inside

- coupled with hearing aids using hearing aid tuning software
- identifies with 7-character serial number
- latency is crucial (encryption?)
- bluetooth pin "0000"
- ear-2-ear communication unauthenticated









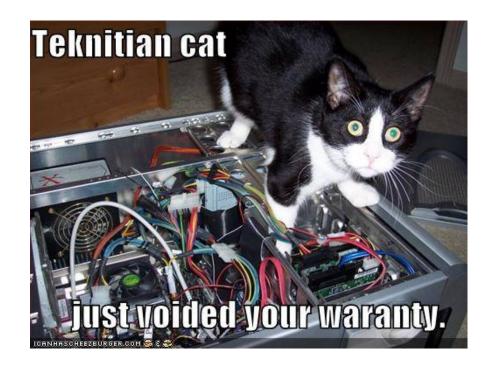


# Hacking

### Hacking "Scene"



- barely existing
- devices too expensive
- mostly: compatibility issues, asking for technical advice
- a little hacking on peripheral hardware



#### http://hearingaidhacks.livejournal.com/

#### **DYI Bluetooth Adapter**

#### by Gertlex



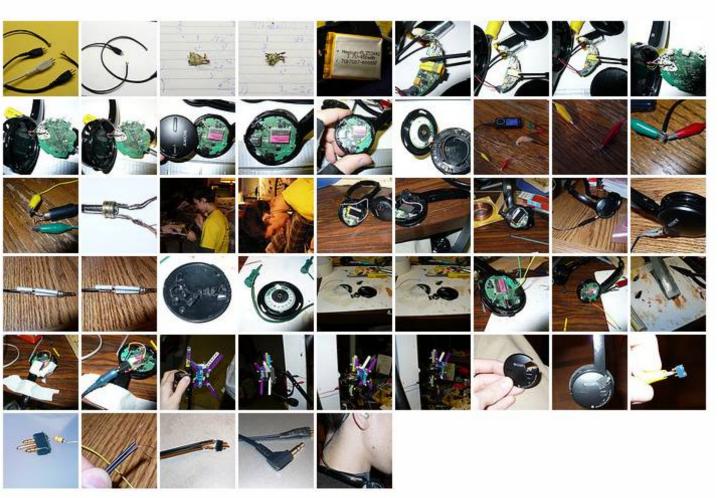
#### Bluetooth Headphones Hack



In this album ... you see my dissection of various electronics, followed by a not quite complete glimpse of the steps I took in modifying these headphones to have two audio jacks. These audio jacks are used for DAI cables that plug into my hearing aids.

50 photos | 359 views

items are from between 09 Dec 2007 & 01 Jan 2008.



Source: http://www.flickr.com/photos/gertlex/sets/72157603510310486/



#### DYI Bluetooth Adapter by Gertlex



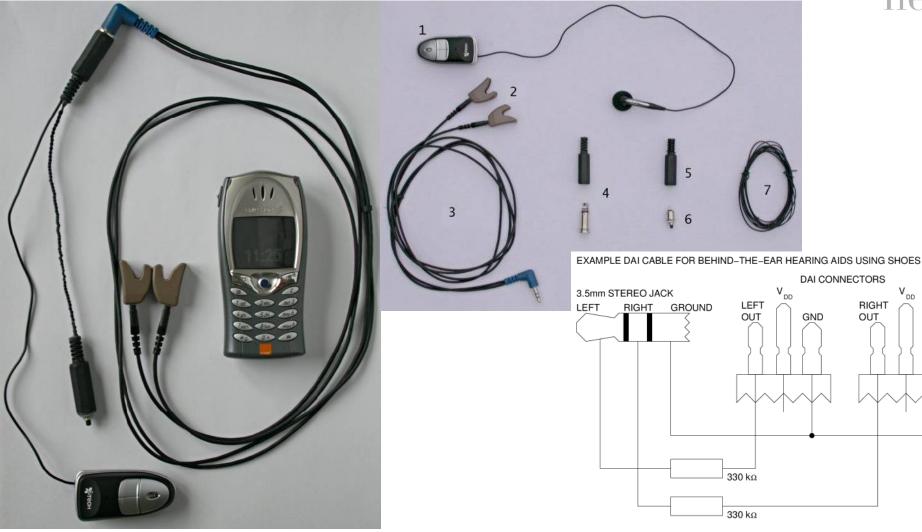


49 of 64

#### **DYI Bluetooth Adapter**



by Neil Ferguson



Berlin, Dec 28<sup>th</sup> 2011 Source: http://gfern.com/btha/btha.html **Bionic Ears** 

VDD

GND



# Self-Tuning

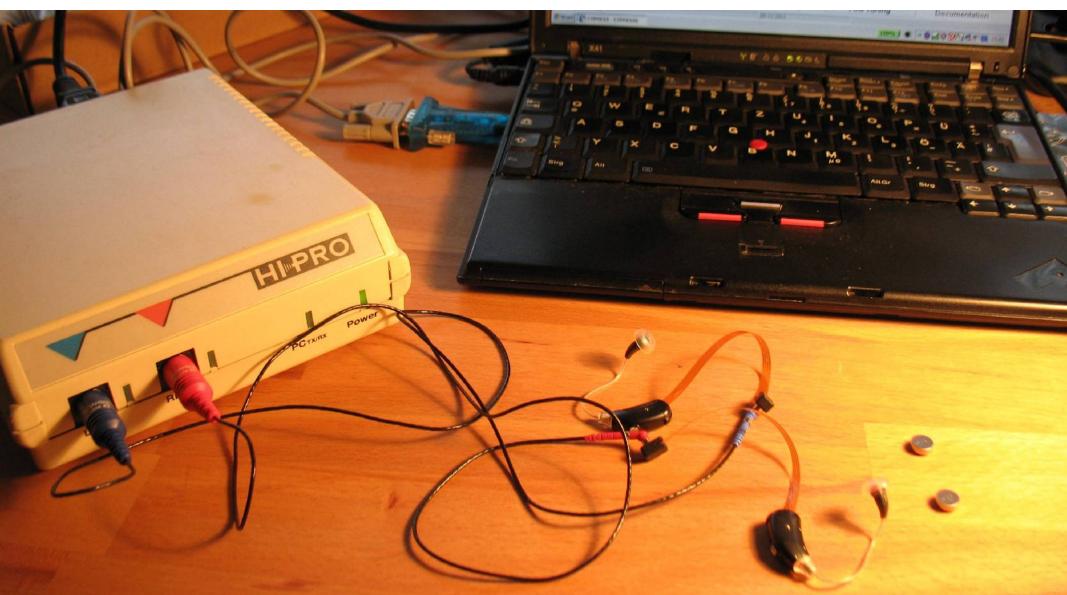
### Tuning



- special hardware: hipro (serial/usb/bluetooth)
- software: noah + modules for each brand
- sold only to doctors and audiologists
- medical equipment (no ebay etc.)
- there is a self-tuner "scene"
- no customer support, no warranty
- exception: americahears.com

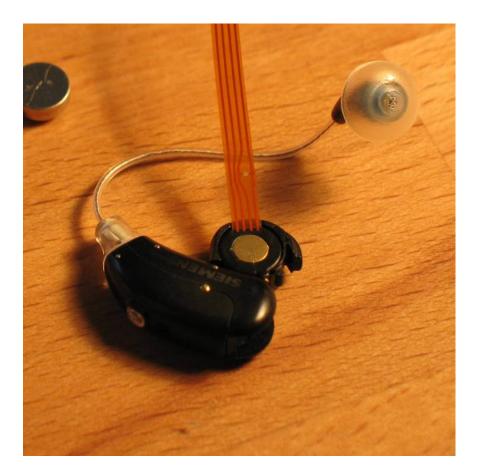
#### Hipro (Serial Version)





### Hipro-HA interface







Berlin, Dec 28<sup>th</sup> 2011

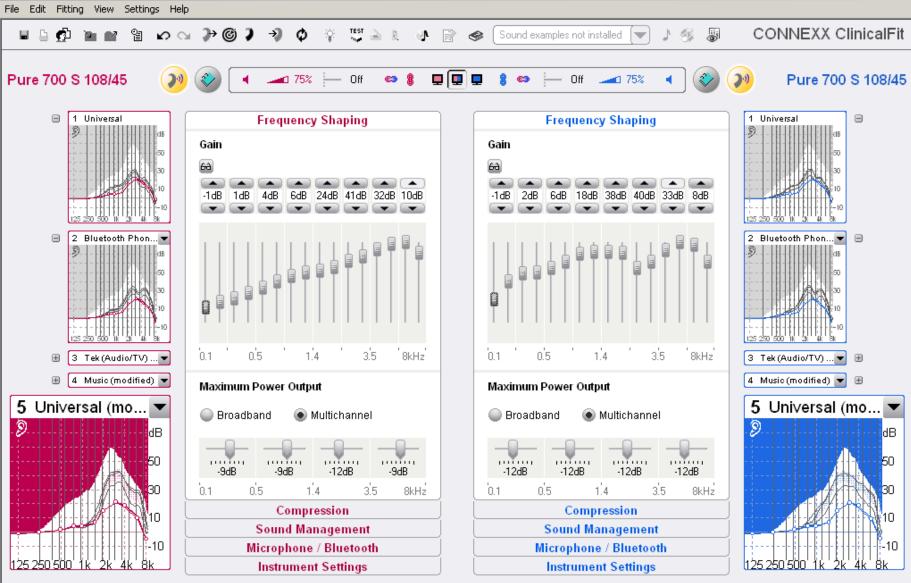
#### Hipro (Bluetooth Version)





#### **Tuning Software**





56 of 64

Audiogram

CONNEXX - CONNEXX6

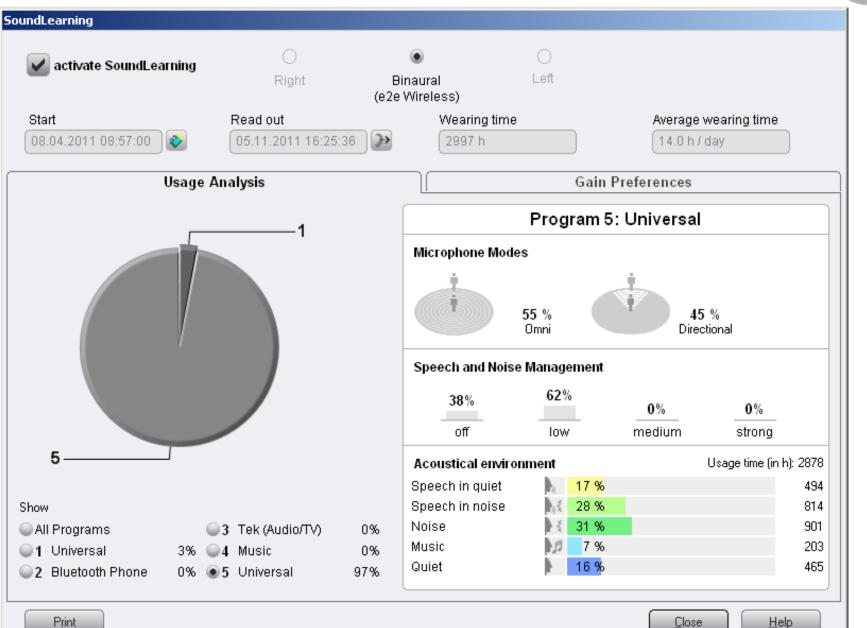
Hearing Instruments

**Basic Tuning** 

Fine Tuning

Documentation

## **Big Brother**



57 of 64

ear

Print



# Cochlear Implants

#### **Cochlear Implants**







Source of images: http://www.flickr.com/photos/yaccesslab/5431069155/ http://www.flickr.com/photos/oaspetele\_de\_piatra/4581664897/sizes/o/in/photostream/

Berlin, Dec 28th 2011

**Bionic Ears** 

#### **Cochlear Implants**





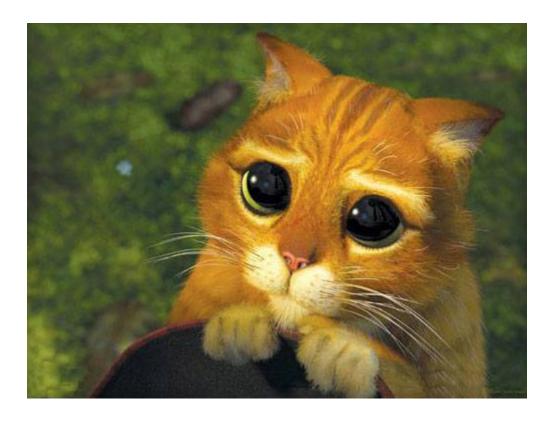
- makes deaf people hear
- surgical insertion of device
- destroys any remaining hearing
- surgery might affect other nerves
- signal is different: brain has to adjust
- technology usually 5 years behind
- no standards, no interoperability between brands



# Conclusions

#### Want!





- better service
- consideration of young people's needs
- better signal processing
- (open) standards

#### Ideas

#### So einfach – Apps für alle Anforderungen

Wir haben die Audéo S Apps in vier Hauptbereiche zusammengefasst.





Signatur-Apps



- 6 hacko hear
- "hearing aid app market"
- crowdsourcing
- language / speaker / location specific programs
- use info from smartphone
- Ears write your own filters?

#### Thanks!

- Questions?
- Slides and speaker notes on hackandhear.com
- Give Feedback, please!

#### Credits:



- Heike Pott heike-pott.de
- LupusE, Nicolas
- Habo, Jump
- Kevin, the Chaoswelle guys
- ThinkPad, Heiko
- and all I forgot to mention ...